

## Medicinal Plants Spread Sheet - "Not in Indian Country"

Scientific Name	Common Name	Medicinal Uses	Tribe	Oklahoma Counties	East/ West of Miss. River	Citation	Notes
Aralia racemosa L.	American Spikenard	Respiratory aid (asthma); Burn dressing; Cough medicine; Dermatological aid; Diaphoretic; Disinfectant; Expectorant; Gynecological aid; Orthopedic aid; Pulmonary aid; Tonic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 91); Hamel and Chiltoskey, Cherokee Plants, (p. 57)	
Aralia racemosa L.	American Spikenard	Analgesic; Expectorant; Eye medicine; Gastrointestinal aid; Pediatric aid(gripes, colic and many other complaints); Stimulant	Choctaw	Not in Indian Terr per USDA and OK Vascular	East & West	Campbell, "Medicinal Plants," (p. 287)	

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Glycyrrhiza glabra L.	Cultivated Licorice	Respiratory aid (asthma); Cough medicine; Expectorant; Throat aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	(Far) West	Hamel and Chiltoskey, Cherokee Plants, (p. 43)	
Ceanothus sp.	California Lilac	Antihemorrhagic - decoction of roots taken in small doses for lung hemorrhage	Choctaw			Bushnell, "The Choctaw of Bayou Lacomb," (p. 24)	Referred to as "redroot" in Choctaw Disseration resource/Link shows error of USDA - could not tell which variety
Viola rotundifolia Michx.	Roundleaf Yellow Violet	Analgesic; Antidiarrheal, Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Insecticide; Respiratory aid; Tonic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 89); Hamel and Chiltoskey, Cherokee Plants, p. 60)	
Erythrina herbacea L.	Redcardinal	Analgesic	Creek	Not in Indian Terr per OK Vascular; but listed on USDA site in OK but no couties given	East & West	Swanton, "Religious Beliefs," (p. 666).	

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Erythrina herbacea L.	Redcardinal	Pedicatric Aid; Respiratory Aid; Tonic	Choctaw	Not in Indian Terr per OK Vascular; but listed on USDA site in OK but no couties given	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou" p. 23; Taylor, "Plants Used," pg. 32, 54	
Erythrina herbacea L.	Redcardinal	Antiemetic; Antirheumatic; Laxative; Urinary aid	Seminole	Not in Indian Terr per OK Vascular	East & West	Sturtevant, "The Mikasuki Seminole," p. 188, 192	
Smilax pseudochina L.	Bamboovine	Analgesic; Antirheumatic (internal); Burn dressing; Dermatolocial aid; Gastrointestinal aid; Gynecological aid; Orthopedic aid; Other	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey, Cherokee Plants, (p. 37)	
Stillingia sp.		Abortifacient; Cathartic; Gynecological Aid; Reproductive Aid;	Creek			Swanton, "Religious Beliefs," p. 662; Taylor, "Plants Used," p. 36	Moerman's link to USDA site was incorrect; unable to determine variety

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Anaphalis margaritacea (L.) Benth.	Western Pearly Everlasting	Analgesic; Cold remedy; Cough medicine; Eye medicine; Respiratory aid; Throat aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West (does not border Miss. River)	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 125); Hamel and Chiltoskey, "Cherokee Plants," p. 48	
Angelica atropurpurea L.	Purplestem Angelica	Abortifacient; Carminative; Cold remedy; Febrifuge; Misc. disease remedy; Oral aid; Sedative; Throat aid; Gastrointestinal aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey, "Cherokee Plants," p. 23	
Armoracia rusticana P.G. Gaertn.	Horseradish	Abortifacient; Antirheumatic (internal); Cold remedy; Dietary aid; Diuretic; Gastrointestinal aid; Oral aid; Respiratory aid; Throat aid; Tonic; Urinary aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 39	

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Betula lenta L.	Sweet Birch	Antidiarrheal; Cold remedy; Gastrointestinal aid; Urinary aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 29); Mooney "The Swimmer Manuscript" (p. 102); Hamel and Chiltoskey, "Cherokee Plants," p. 25	
Betula sp.	White Birch	Tuberculosis Remedy	Creek			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659)	Moerman's link to USDA site was incorrect
Capsicum annuum var. annuum	Cayenne Pepper	Cold remedy; Febrifuge; Gastrointestinal aid; Poultice; Stimulant	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West (sparse)	Hamel and Chiltoskey, "Cherokee Plants," p. 48	

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Cardamine diphylla (Michx.) Wood (dentaria diphylla per Banks and USDA)	Crinkleroot (toothwort)	Analgesic; Cold remedy; Throat aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 55); Hamel and Chiltoskey, "Cherokee Plants," p. 59	
Carya pallida (Ashe) Engl. & Graebn.	Sand Hickory	Abortifacient; Analgesic; Cold remedy; Dermatological aid; Diaphoretic; Emetic; Gastrointestinal aid; Liver aid; Misc. disease remedy (poliomyelitis pain); Oral aid; Orthopedic aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 38	
Chenopodium botrys L.	Jerusalem Oak Goosefoot	Analgesic; Anthelmintic; Cold remedy; Misc. disease remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 41	

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Chimaphila maculata (L.) Pursh	Striped Prince's Pine	Analgesic; Antirheumatic (internal); Cancer treatment; Cold remedy; Dermatological aid; Emetic; Febrifuge; Pediatric aid; Poison; Tuberculosis remedy; Urinary aid; Veterinary aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 97); Hamel and Chiltoskey, "Cherokee Plants," p. 62	
Actaea racemosa var. racemosa (Cimicifuga racemosa per Hamel and Mooney)	Black Bugbane	Abortifacient; Analgesic; Antirheumatic; Cold remedy, Cough medicine; Dermatological aid; Diuretic; Laxative; Pediatric aid; Sedative; Stimulant; Tonic; Tuberculosis remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 44); Mooney "The Swimmer Manuscript" (p. 117, 277); Hamel and Chiltoskey, "Cherokee Plants," p. 30	

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Cypripedium acaule Ait. (C. Calceolus per Hamel)	Pink Lady's Slipper (moccasin flower, yellow lady's slipper, partridge moccasin)	Analgesic (Neuralgia); Anthelmintic; Anticonvulsive; Cold remedy; Gastrointestinal aid; Gynecological aid; Kidney aid; Misc. disease remedy; Sedative	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 20, 22); Hamel and Chiltoskey, "Cherokee Plants," p. 42	
Eupatorium pilosum Walt.	Rough Boneset	Breast treatment; Cold remedy; Laxative; Respiratory aid; Tonic; Urinary aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Mooney, "Sacred Formulas of the Cherokees," pg. 327; Hamel and Chiltoskey, "Cherokee Plants," p. 38	
Foeniculum vulgare P. Mill.	Sweet Fennel	Carminative; Cold remedy; Gastrointestinal aid; Gynecological aid; Pediatric aid; Tonic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 33	

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Gaultheria procumbens L.	Eastern Teaberry	Antidiarrheal; Cold remedy; Gastrointestinal aid; Oral aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 98, 99); Hamel and Chiltoskey, "Cherokee Plants," p. 61	
Goodyera repens (L.) R. Br. ex Ait. f.	Lesser Rattlesnake Plantain	Blood medicine; Burn dressing; Cold remedy; Dietary aid; Emetic; Eye medicine; Kidney aid; Toothache remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West (does not border Miss. River)	Hamel and Chiltoskey, "Cherokee Plants," p. 50	
Hyssopus officinalis L.	Hyssop	Abortifacient; Cold remedy; Cough medicine; Febrifuge; Pulmonary aid; Respiratory aid;	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West (does not border Miss. River)	Hamel and Chiltoskey, "Cherokee Plants," p. 40	

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Monarda didyma L.	Scarlet Beebalm	Abortifacient; Analgesic; Carminative; Cold remedy; Diaphoretic; Diuretic; Febrifuge; Gastrointestinal aid; Heart medicien; Hemostat; Misc. disease remedy (Measles); Sediative	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 110, 111); Hamel and Chiltoskey, "Cherokee Plants," p. 39	
Obolaria virginica L.	Virginia Pennywort	Cold remedy; Cough medicine; Diaphoretic; Gastrointestinal aid; Dermatological aid;	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 48	
Obolaria virginica L.	Virginia Pennywort	Dermatological aid	Choctaw	Not in Indian Terr per USDA and OK Vascular	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou' p. 23; Taylor, "Plants Used," p. 53	
Picea rubens Sarg.	Red Spruce	Coldy remedy; Misc. disease remedy (Measles)	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5); Hamel and Chiltoskey, "Cherokee Plants," p. 57	

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Porteranthus trifoliatum (L.) Britt.	Bowman's Root	Antirheumatic (external); Cold remedy; Dermatological aid; Emetic; Kidney aid; Liver aid; Orthopedic aid; Respiratory aid; Toothache remedy; Veterinary aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 40	
Prunus pensylvanica L. f.	Pin Cherry	Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Febrifuge; Gastrointestinal aid; Gynecological aid; Misc. disease remedy (Measles); Oral aid; Throat aid;	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West (does not border Miss. River)	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 63); Mooney "The Swimmer Manuscript" (p. 275); Hamel and Chiltoskey, "Cherokee Plants," p. 28, 29	
Pycnanthemum incanum (L.) Michx.	Hoary Mountainmint	Analgesic; Antidiarrheal; Cold remedy; Dermatological aid; Febrifuge; Gastrointestinal aid; Heart medicine	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey, "Cherokee Plants," p. 45	

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Pycnanthemum incanum (L.) Michx.	Hoary Mountainmint	Analgesic; Cold Remedy; Panacea; Tonic	Choctaw	Not in Indian Terr per USDA and OK Vascular	East	Bushnell, Jr., David I. 1909 The Choctaw of Bayou' p. 24; Taylor, "Plants Used," p. 53 Taylor, "Plants Used," p. 55	
Salvia officinalis L.	Kitchen Sage	Antidiarrheal; Cold remedy; Cough medicine; Diaphoretic; Gynecological aid; Laxative; Respiratory aid; Sedative; Stimulant	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West (does not border Miss. River)	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 53)	
Viola cucullata Ait.	Marsh Blue Violet	Analgesic; Antidiarrheal; Blood medicine; Cold remedy; Cough medicine; Dermatological aid; Insecticide; Respiratory aid; Tonic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 60)	

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Juniperus virginiana var. silicicola (Small) J. Silba	Southern Redcedar	Analgesic; Antidiarrheal; Antirheumatic; Cold remedy; Cough medicine; Emetic; Eye medicine; Febrifuge; Orthopedic aid; Unspecified; Pediatric aid; Psychological aid; Vertigo medicine; Sedative; Stimulant; Witchcraft medicine; Protection	Seminole	Not in Indian Terr per USDA and OK Vascular	East & West (sparse)	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 279)	
Pediomelum canescens (Michx.) Rydb.	Buckroot	Analgesic; Antirheumatic; Cold remedy, Cough medicine; Unspecified	Seminole	Not in Indian Terr per USDA and OK Vascular	East	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 158, 167, 279, 285,	
Piloblephis rigida (Bartr. ex Benth.) Raf.	Wild Pennyroyal	Ceremonial medicine; Cold remedy; Dermatological aid; Emetic; Febrifuge; Pediatric aid; Stimulant	Seminole	Not in Indian Terr per USDA and OK Vascular	East	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p.229, 283, 307, 329, 342, 409, 482	

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Pityopsis graminifolia var. graminifolia	Narrowleaf Silkgrass	Cold remedy; Febrifuge	Seminole	Not in Indian Terr per USDA and OK Vascular	East & West (sparse)	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 283)	
Pityopsis graminifolia var. graminifolia	Narrowleaf Silkgrass	Oral aid	Choctaw	Not in Indian Terr per USDA and OK Vascular	East & West (sparse)	Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 24); Taylor, "Plants Used," p. 60	
Pterocaulon virgatum (L.) DC.	Wand Blackroot	Abortifacient; Antidiarrheal; Antihemorrhagic; Cold remedy; Febrifuge; Gastrointestinal aid; Gynecological aid; Othopedic aid; Other; Pulmonary aid; Unspecified	Seminole	Not in Indian Terr per USDA and OK Vascular	West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 283)	

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Vaccinium myrsinites Lam.	Shiny Blueberry	Analgesic; Antidiarrheal; Ceremonial medicine; Cold remedy; Emetic; Eye medicine; Febrifuge; Unspecified; Pediatric aid; Stimulant	Seminole	Not in Indian Terr per USDA and OK Vascular	East	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 162, 208, 229, 283, 328, 342, 409)	
Xyris ambigua Bey. ex Kunth	Coastal plain Yelloweyed Grass	Cold remedy; Pulmonary aid	Seminole	Not in Indian Terr per USDA and OK Vascular	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 281)	
Artemisia biennis Willd.	Biennial Wormwood	Analgesic; Anthelmintic; Dermatological aid; Gastrointestinal aid; Gynecological aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. 62	
Chamaemelum nobile (L.) All.	Garden Dogfennel	Abortifacient; Antiemetic; Dermatological aid; Gastrointestinal aid; Sedative:	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West (does not border Miss. River)	Hamel and Chiltoskey, "Cherokee Plants," p. 28	

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Collinsonia canadensis L.	Richweed	Breast treatment; Dermatological aid; Emetic; Veterinary aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 108); Mooney "The Swimmer Manuscript" (p. 209); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 52); Taylor, "Plants Used," p. 53	
Cornus alternifolia L. f.	Alternateleaf Dogwood	Analgesic; Anthelmintic; Antidiarrheal; Antidote; Blood medicine; Dermatological aid; Diaphoretic; Disinfectant; Febrifuge; Gastrointestinal aid; Gynecological aid; Misc. disease remedy (Measles); Pediatric aid; Stimulant; Throat aid; Tonic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 32)	

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Nicotiana rustica L.	Aztec Tobacco	Analgesic; Anthelmintic; Anticonvulsive; Cathartic; Ceremonial medicine; Dermatological aid; Diaphoretic; Diuretic; Emetic; Expectorant; Gastrointestinal aid; Kidney aid; Misc. disease remedy; Other; Snake bite remedy; Vertigo medicine; Toothache remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 114, 115); Mooney, "Sacred Formulas of the Cherokees," pg. 351-352, 360-363, 368-369; Mooney "The Swimmer Manuscript" (p. 91, 170, 171, 224, 230, 241, 285, 289, 301); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 59)	
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Nicotiana tabacum L.	Cultivated Tobacco	Analgesic; Anthelmintic; Anticonvulsive; Cathartic; Ceremonial medicine; Dermatological aid; Diaphoretic; Diuretic; Emetic; Expectorant; Gastrointestinal aid; Kidney aid; Misc. disease remedy; Other; Snake bite remedy; Vertigo medicine; Toothache remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Mooney, "Sacred Formulas of the Cherokees," pg. 351-352; Hamel and Chiltoskey, "Cherokee Plants," p. (p. 59)	
Panax trifolius L.	Dwarf Ginseng	Analgesic; Antirheumatic (internal); Breast treatment; Dermatological aid; Gastrointestinal aid; Kidney aid; Liver aid; Misc. disease remedy (pox); Other; Pediatric aid; Pulmonary aid; Stimulant; Tuberculosis remedy; Venereal aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 14, 92, 93); Mooney "The Swimmer Manuscript" (p. 91, 171, 202, 230, 289); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 36); Taylor, "Plants Used," p. 44	

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Populus balsamifera ssp. balsamifera	Balsam Poplar	Antirheumatic (internal); Dermatological aid; Gastrointestinal aid; Stimulant; Toothache remedy; Venereal aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 24)	
Pyrularia pubera Michx.	Buffalo Nut	Dermatological aid & Emetic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 35, 36); Hamel and Chiltoskey, "Cherokee Plants," p. (p. 27)	
Sanicula smallii Bickn.	Small's Blacksnaker root	Analgesic; Gastrointestinal aid; Orthopedic aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 21; 95); Hamel and Chiltoskey, "Cherokee Plants," (p. 55)	

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Antennaria sp. (Antennaria Gaertn.)	Pussy Toes (pussytoes)	Cold Remedy; Cough Medicine	Natchez (possibly Cherokee)		East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI- BAE Annual Report #42:473-672 (p. 668); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 60)	Moerman's link to USDA site was incorrect
Penstemon sp.	Penstemon	Tuberculosis remedy	Creek			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI- BAE Annual Report #42:473-672 (p. 667)	Moerman's link to USDA site was incorrect; unable to determine variety

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Tephrosia hispidula (Michx.) Pers.	Sprawling Hoarypea	Cough medicine	Choctaw	Not in Indian Terr per USDA and OK Vascular	East & West	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 287)	
Abies fraseri (Pursh) Poir.	Fraser's Fir (Fraser fir)	Dermatological aid; Gastrointestinal aid; Gynecological aid; Kidney aid; Laxative; Pulmonary aid; Urinary aid; Venereal aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 34)	
Castanea dentata (Marsh.) Borkh.	American Chestnut	Cough medicine; Dermatological aid; Gastrointestinal aid; Gynecological aid; Heart medicine; Misc. disease remedy; Pediatric aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 25, 30, 31, 32, 50, 83, 87, 117); Hamel and Chiltoskey, "Cherokee Plants," (p. 29)	

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Hosta lancifolia Engl. (Hosta Japonica per Hamel)	Narrowleaf Plantainlily	Antihemorrhagic; Cough medicine; Dermatological aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 14, 15); Hamel and Chiltoskey, "Cherokee Plants," (p. 50)	
Inula helenium L.	Elecampane Inula	Cough medicine; Gynecological aid; Pulmonary aid; Respiratory aid; Tuberculosis remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 33)	
Liriodendron tulipifera L.	Tuliptree	Anthelmintic; Antidiarrheal; Antirheumatic; Cough medicine; Dermatological aid; Febrifuge; Gastrointestinal aid; Misc. disease remedy; Orthopedic aid; Pediatric aid; Sedative; Snake bite remedy; Stimulant; Poultice	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 30,, 49, 50, 87); Mooney "The Swimmer Manuscript" (p. 177, 286, 298); Hamel and Chiltoskey, "Cherokee Plants," (p. 50)	

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Mertensia virginica (L.) Pers. ex Link	Virginia Bluebells	Pulmonary aid; Tuberculosis remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 26)	
Pinus glabra Walt.	Spruce Pine	Anthelmintic; Antidiarrheal; Antirheumatic (internal); Cold remedy; Cough medicine; Dermatological aid; Febrifuge; Gastrointestinal aid; Gynecological aid; Hemorrhoid remedy; Kidney aid; Laxative; Misc. disease remedy (Gout, Measles, Mumps); Orthopedic aid; Other; Urinary aid; Respiratory aid; Sedative; Stimulant; Tuberculosis remedy; Venereal aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West (sparse)	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 6); Hamel and Chiltoskey, "Cherokee Plants," (p. 49)	See Pinus virginiana P. Mill. entry as they are same plant just different names.

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Pinus virginiana P. Mill.	Virginia Pine	Anthelmintic; Antidiarrheal; Antirheumatic; Ceremonial medicine; Cold remedy; Cough medicine; Dermatological aid; Febrifuge; Gastrointestinal aid; Gynecological aid; Hemorrhoid remedy; Kidney aid; Laxative; Misc. disease remedy (Gout, Measles, Mumps); Orthopedic aid; Other; Urinary aid; Respiratory aid; Sedative; Stimulant; Tuberculosis remedy; Venereal aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 6, 28, 52, 53, 58, 65, 67, 74); Hamel and Chiltoskey, "Cherokee Plants," (p. 49)	See Pinus glabra Walt. Entry as they are same plant just different names.
Pinus virginiana P. Mill.	Virginia Pine	Anthelmintic	Choctaw	Not in Indian Terr per USDA and OK Vascular	East & West	Bushnell, Jr., David I. 1909 The Choctaw of Bayou Lacomb, St. Tammany Parish, Louisiana. SI-BAE Bulletin #48 (p. 24)	

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Rubus odoratus L.	Purpleflowering Raspberry	Analgesic; Antirheumatic (external); Cathartic; Cough medicine; Dermatological aid; Emetic; Gastrointestinal aid; Gynecological aid; Tonic; Toothache remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 52)	
Trillium erectum L.	Red Trillium	Cancer treatment; Cough medicine; Dermatological aid; Gastrointestinal aid; Gynecological aid; Respiratory aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 59)	
Veronica officinalis L.	Common Gypsyweed	Cough medicine; Dermatological aid; Ear medicine; Febrifuge; Gynecological aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 5, 83, 84, 118); Mooney "The Swimmer Manuscript" (p. 119, 277); Hamel and Chiltoskey, "Cherokee Plants," (p. 56)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Veronica serpyllifolia L.	Thymeleaf Speedwell	Cough medicine; Dermatological aid; Ear medicine; Febrifuge	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey, "Cherokee Plants," p. (p. 56)	
Andropogon floridanus Scribn.	Florida Bluestem	Analgesic; Antidiarrheal; Antiemetic; Cough medicine; Gastrointestinal aid; Pulmonary aid; Throat aid; Urinary aid	Seminole	Not in Indian Terr per USDA and OK Vascular	East	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 167, 227, 236, 285)	
Bacopa caroliniana (Walt.) B.L. Robins.	Blue Waterhyssop	Cough medicine; Other; Respiratory aid; Sedative	Seminole	Not in Indian Terr per USDA and OK Vascular	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis p. 237, 272	
Dichanthelium strigosum var. glabrescens (Griseb.) Freckmann	Roughhair Rosette Grass	Analgesic; Antirheumatic; Cough medicine; Pulmonary aid; Throat aid	Seminole	Not in Indian Terr per USDA and OK Vascular	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p.194, 236, 323)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Nymphoides cordata (Ell.) Fern.	Little Floatingheart	Cough medicine; Other; Respiratory aid; Sedative	Seminole	Not in Indian Terr per USDA and OK Vascular	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 237, 272)	
Persea borbonia (L.) Spreng.	Redbay	Abortifacient; Analgesic; Antidiarrheal; Antiemetic; Antirheumatic; Ceremonial medicine; Dietary aid; Emetic; Eye medicine; Febrifuge; Gastrointestinal aid; Laxative; Love medicine; Oral aid; Orthopedic aid; Other; Panacea; Pediatric aid; Psychological aid; Pulmonary aid; Reproductive aid; Respiratory aid; Vertigo medicine; Sedative; Stimulant; Unspecified; Urinary aid	Seminole	Not in Indian Terr per USDA and OK Vascular	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 145, 156, 161, 164, 167, 184, 192, 198, 203, 206, 208, 210, 213, 218, 220, 221, 222, 224, 227, 229, 234, 236, 253, 256, 257, 260, 262, 282, 292, 293, 305, 306, 323, 329, 338, 342, 400, 409)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Sambucus nigra ssp. caerulea (Raf.) R. Bolli	Blue Elderberry	Dermatological aid; Gastrointestinal Aid; Liver Aid; Urinary Aid	Choctaw	Not in Indian Terr per USDA and OK Vascular	West	Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 59)	
Tephrosia florida (F.G. Dietr.) C.E. Wood	Florida Hoarypea	Dermatological Aid	Choctaw	Not in Indian Terr per USDA and OK Vascular	East & West	Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 33)	
Polygala lutea L.	Orange Milkwort	Dermatological Aid	Choctaw	Not in Indian Terr per USDA and OK Vascular	East & West	Bushnell, Jr., David I. 1909 "The Choctaw of Bayou Lacomb" (p. 24); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 35)	
Polygala lutea L.	Orange Milkwort	Antirheumatic (External); Blood Medicine; Heart Medicine; Other; Respiratory Aid	Seminole	Not in Indian Terr per USDA and OK Vascular	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 264, 272)	referred to as "candyweec wild bachelor: button" in Choctaw Disseration source
Ribes rotundifolium Michx.	Appalachian Gooseberry	Antidiarrheal; Misc. Disease Remedy (Measles)	Cherokee	Not in Indian Terr per USDA and OK Vascular	East (except for KS)	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 36)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Porteranthus sp.		Gynecological Aid	Creek			Swanton, "Religious Beliefs," :473-672 (p. 667)	Was missing info on M thru S document and incomplete entry on Moerman
Tephrosia purpurea (L.) Pers.	Fishpoison	Hemostat (Nose bleeds)	Seminole	Not in Indian Terr per USDA and OK Vascular	East	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 304)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Kalmia latifolia L.	Mountain Laurel	Analgesic; Antirheumatic (External); Dermatological Aid; Disinfectant; Orthopedica Aid; Panacea	Cherokee	Not in Indian Terr per USDA and OK Vascular	East (plus LA)	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 98, 99, 100, 102); Mooney "The Swimmer Manuscript" (p. 70, 203, 220); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 48); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 42)	
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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Rhododendron maximum L.	Great Laurel	Analgesic; Antirheumatic (Internal); Heart Medicine; Other	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 99, 100, 101, 102); Mooney "The Swimmer Manuscript" (p. 203, 204, 220); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 49); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52)	
Licania michauxii Prance	Gopher Apple	Analgesic; Antidiarrheal; Antiemetic; Gastrointestinal Aid; Other (Chronic Conditions); Unspecified; Psychological Aid; Reproductive Aid; Urinary Aid	Seminole	Not in Indian Terr per USDA and OK Vascular	East (except for LA)	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 162, 165, 166, 227, 272, 292, 323, 434)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Sisyrinchium nashii Bickn.	Nash's Blueeyed Grass	Analgesic	Seminole	Not in Indian Terr per USDA and OK Vascular	East (except for LA)	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 167, 285)	
Aralia sp.		Antihemorrhagic	Creek			Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 43)	Was missing info on M thru S document and incomplete entry on Moerman
Senna hebecarpa (Fern.) Irwin & Barneby	American Wild Sensitive Plant (American senna)	Analgesic; Cathartic; Dermatological Aid; Febrifuge; Heart Medicine; Misc. Disease Remedy; Pediatric Aid; Pulmonary Aid; Stimulant	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 68, 69); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Eupatorium maculatum L.	Spotted Joepyeweed	Adjuvant; Antirheumatic (Internal); Diuretic; Gynecological Aid; Kidney Aid; Misc. Disease Remedy (grout, dropsy); Other; Tonic; Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41, 42)	
Symphytum officinale L.	Common Comfrey	Antidiarrheal: Gastrointestinal Aid; Gynecological Aid; Laxative; Orthopedic Aid; Venereal Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30)	
Monarda sp.	Horsemint	Antirheumatic (external/internal); Dermatological Aid; Diaphoretic; Ear Medicine; Kidney Aid; Psychological Aid; Sedative; Witchcraft Medicine; Dropsy; For Leg Swelling	Creek		East & West	Taylor, "Plants Used," p. (p. 54); Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 657)	
Solanum tuberosum L.	Irish Potato	Emetic; Psychological Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Baptisia tinctoria (L.) R. Br. ex Ait. f.	Horseflyweed	Antiemetic; Cathartic; Emetic; Gynecological Aid; Toothache Remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40)	
Rheum rhaponticum L.	False Rhubarb (garden rhubarb)	Antidiarrheal; Cathartic; Dermatological Aid; Laxative; Poison; Strengthner	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52)	
Malus sp.	Wild Crabapple	Herbal Steam; Misc. Disease Remedy	Creek	Not in Indian Terr per USDA and OK Vascular	West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 659)	
Liatris sp.	Deer's Potato	Antirheumatic (external/internal)	Creek			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 660)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Arctium lappa L.	Greater Burdock	Antirheumatic (Internal); Blood Medicine; Dietary Aid; Gynecological Aid; Urinary Aid; Venereal Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West (not along river)	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 27)	
Caulophyllum thalictroides (L.) Michx.	Blue Cohosh	Anticonvulsive; Antirheumatic (internal); Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Sedative; Toothache Remedy	Cherokee		East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30)	
Leucothoe axillaris (Lam.) D. Don	Coastal Doghobble	Analgesic; Antirheumatic (external/internal); Dermatological Aid; Other; Stimulant	Cherokee	Not in Indian Terr per USDA and OK Vascular	East (except for LA)	Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 49); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 32)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Lilium canadense L. (or Lilium Superbum?)	Canadian Lily (Turk's Cap Lily)	Antidiarrheal; Antirheumatic (internal); Dietary Aid; Pediatric Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 15); Mooney "The Swimmer Manuscript" (p. 128); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 43)	
Rhododendron calendulaceum (Michx.) Torr.	Flame Azalea	Antirheumatic (external); Gynecological Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 101); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 24)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Veratrum viride Ait.	American False Hellebore (green false hellebore)	Analgesic; Antirheumatic (external); Orthopedic Aid; Panacea; Stimulant	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 19); Mooney "The Swimmer Manuscript" (p. 91, 204, 220); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 8); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40)	
Diphylleia cymosa Michx.	American Umbrellalea f	Diaphoretic; Disinfectant; Diuretic; Misc. Disease Remedy (smallpox)	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 59, 60)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Lachnanthes caroliniana (Lam.) Dandy	Carolina Redroot	Antihemorrhagic; Cancer Treatment; Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Hemorrhoid Remedy; Oral Aid; Throat Aid; Venereal Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East (except for LA)	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 52)	
Ranunculus acris L.	Tall Buttercup	Dermatological Aid; Oral Aid; Sedative; Throat Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 31)	
Xanthorhiza simplicissima Marsh.	Yellowroot	Analgesic; Blood Medicine; Cancer Treatment; Dermatological Aid; Eye Medicine; Hemorrhoid Remedy; Oral Aid; Sedative; Throat Aid; Tonic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8, 22, 28, 31, 47, 64); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 62)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Cucurbita Pepo	Field Pumpkin	Anthelmintic; Ceremonial Medicine; Diuretic; Kidney Aid; Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8, 10, 83, 122); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 51)	
Daphne mezereum L.	Paradise Plant	Analgesic; Diaphoretic; Stimulant; Venereal Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	North (does not border Miss. River)	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 32)	
Erythronium americanum Ker-Gawl.	American Troutlily (dogtooth violet)	Dermatological Aid; Febrifuge; Stimulant	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 14, 92, 93); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 43)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Gentianella quinquefolia ssp. quinquefolia	Agueweed	Cathartic; Gastrointestinal Aid; Laxative; Sedative; Stimulant; Tonic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 35)	
Silphium compositum Michx.	Kidneyleaf Rosinweed	Gynecological Aid; Stimulant	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)	
Ligusticum canadense (L.) Britt.	Canadian Licoriceroot (Canadian licorice- root)	Gastrointestinal Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 276)	
Ligusticum canadense (L.) Britt.	Canadian Licoriceroot (Canadian licorice- root)	Gastrointestinal Aid	Creek	Not in Indian Terr per USDA and OK Vascular	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 276)	
Vernonia glauca (L.) Willd.	Broadleaf Ironweed	Analgesic; Blood Medicine; Gastrointestinal Aid; Gynecological Aid; Toothache Remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Vitis labrusca L.	Fox Grape	Antidiarrheal; Blood Medicine; Gastrointestinal Aid; Gynecological Aid; Liver Aid; Oral Aid; Other ("bad disease"); Pediatric Aid; Tonic; Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East (except for LA/UT)	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 86); Mooney "The Swimmer Manuscript" (p. 253); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37)	
Lomatium nuttallii (Gray) J.F. Macbr.	Nuttall's Biscuitroot	Poision; Unspecified (used as a medicine in summer)	Creek	Not in Indian Terr per USDA and OK Vascular	West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 667)	
Satureja hortensis L.	Summer Savory	Analgesic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 112); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 54)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Magnolia macrophylla Michx.	Bigleaf Magnolia	Analgesic; Antidiarrheal; Gastrointestinal Aid; Respiratory Aid; Toothache Remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 51); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44)	
Hepatica nobilis var. acuta (Pursh) Steyermark	Sharplobe Hepatica	Analgesic; Breast Treatment; Emetic; Gastrointestinal Aid; Laxative; Liver Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 4, 45, 46); Mooney, "Sacred Formulas of the Cherokees," (pg. 326); Mooney "The Swimmer Manuscript" (p. 209, 252); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 22); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 38)	Banks, Mooney, and Hamel refer to this as Hepatica acutiloba or hepatica, liverwort

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Saxifraga pennsylvanica L.	Eastern Swamp Saxifrage	Dermatological Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 57); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 26)	
Ximenia americana L.	Tallow Wood	Antirheumatic (external); Oral Aid; Orthopedic Aid; Unspecified	Seminole	Not in Indian Terr per USDA and OK Vascular	East (FL)	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 164, 192, 193, 307)	
Chaptalia tomentosa Vent.	Woolly Sunbonnets	Antirheumatic (external); Urinary Aid	Seminole	Not in Indian Terr per USDA and OK Vascular	East & West	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 192, 274)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Chamaesyce ocellata ssp. arenicola (Parish) Thorne	Contura Creek Sandmat	Dermatological Aid; Eye Medicine	Paiute	Not in Indian Terr per USDA and OK Vascular	West	Murphey, Edith Van Allen 1990 Indian Uses of Native Plants. Glenwood, Ill. Meyerbooks. Originally published in 1959 (p. 39); Train, Percy, James R. Henrichs and W. Andrew Archer 1941 Medicinal Uses of Plants by Indian Tribes of Nevada. Washington DC. U.S. Department of Agriculture (p. 74)	Not 1 of 5 tribes, but was on the list D thru L
Berberis canadensis P. Mill.	American Barberry	Antidiarrheal	Cherokee	Not in Indian Terr per USDA and OK Vascular	East (except for MO)	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 48)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Campanula divaricata Michx.	Small Bonny Bellflower	Antidiarrheal	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 122); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37)	
Epigaea repens L.	Trailing Arbutus	Analgesic; Antidiarrheal; Emetic; Gastrointestinal Aid; Kidney Aid; Pediatric Aid; Pulmonary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 98); Mooney "The Swimmer Manuscript" (p. 193, 252); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 48); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 23)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Oxydendrum arboreum (L.) DC.	Sourwood	Antidiarrheal; Dermatological Aid; Gastrointestinal Aid; Oral Aid; Pulmonary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 100, 101); Mooney "The Swimmer Manuscript" (p. 222, 283); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56)	
Xyris caroliniana Walt.	Carolina Yelloweyed Grass	Antidiarrheal; Pediatric Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 12); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 62)	
Arctostaphylos uva-ursi (L.) Spreng.	Kinnikinnick	Kidney Aid; Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Asclepias perennis Walt.	Aquatic Milkweed	Analgesic; Dermatological Aid; Kidney Aid; Laxative; Urinary Aid; Venereal Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 45, 105); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 44)	
Ilex cassine L.	Dahoon	Diaphoretic; Emetic; Kidney Aid; Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East (except for LA)	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 12, 62)	
Jeffersonia diphylla (L.) Pers.	Twinleaf	Kidney Aid; Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 59)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Persea palustris (Raf.) Sarg.	Swamp Bay	Alterative; Diaphoretic; Febrifuge; Kidney Aid	Creek	Not in Indian Terr per USDA and OK Vascular	East & West	Campbell, T.N. 1951 Medicinal Plants Used by Choctaw, Chickasaw, and Creek Indians in the Early Nineteenth Century. Journal of the Washington Academy of Sciences 41(9):285-290 (p. 289)	
Sinapis alba L.	White Mustard	Dietary aid; Febrifuge; Kidney aid; Misc. disease remedy; Orthopedic aid; Pulmonary aid; Respiratory aid; Stimulant; Tonic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 46)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Euphorbia iphecacuanhae L. (Gillenia stipulata, Gillenia Trifoliata)	American Ipecac (indian physic, bowman's root, gillenia, american iphecacuanha per Hamel)	Diaphoretic; Emetic; Expectorant; Gynecological Aid; Pulmonary Aid ("Caution Suicidal: In large doses produces vertigo, heat and great prostration of strength." per Hamel)	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 61, 62); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40)	
Clethra acuminata Michx.	Mountain Sweetpeppe rbush	Antiemetic; Emetic; Febrifuge; Gastrointestinal Aid; Liver Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 64, 96, 97); Mooney "The Swimmer Manuscript" (p. 192, 218); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 47); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 22)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Potentilla sp.	Five Finger	Febrifuge	Cherokee			Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 62); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)	Moerman's link to USDA site was incorrect
Salix alba L.	White Willow	Antidiarrheal; Dermatological Aid; Febrifuge; Respiratory Aid; Throat Aid; Tonic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 24); Mooney "The Swimmer Manuscript" (p. 199); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 12); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Salix □pendulina Wenderoth [babylonica □ fragilis]	Weeping Willow	Antidiarrheal; Dermatological Aid; Febrifuge; Respiratory Aid; Throat Aid; Tonic	Cherokee		East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61)	
Salix humilis Marsh.	Prairie Willow	Antidiarrheal; Dermatological Aid; Febrifuge; Respiratory Aid; Throat Aid; Tonic	Cherokee		East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 24); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61)	
Toxicodendro n vernix (L.) Kuntze	Poison Sumac	Dermatological Aid; Febrifuge; Misc. Disease Remedy; Poison; Respiratory Aid; Urinary Aid; Venereal Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57)	
Sesamum orientale L.	Sesame	Antidiarrheal; Cathartic; Gynecological Aid; Misc. Disease Remedy; Pediatric Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25)	
Ruta graveolens L.	Common Rue	Anthelmintic; Orthopedic Aid; Poultice; Sedative	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)	

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Rhamnus cathartica L.	Common Buckthorn	Cathartic; Dermatological Aid; Eye Medicine	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 27)	
Euphorbia sp.		Cathartic	Creek			Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 661)	Moerman's link to USDA site was incorrect
Alnus incana ssp. rugosa (Du Roi) Clausen	Speckled Alder	Cathartic; Emetic; Eye Medicine; Gastrointestinal Aid; Gynecological Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West (not along river, but north)	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 26, 27); Mooney "The Swimmer Manuscript" (p. 91, 185, 216, 218, 219, 246, 257, 308); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 14)	

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Juglans cinerea L.	Butternut	Antidiarrheal; Cathartic; Toothache Remedy	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 25, 28, 104); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 75); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 61)	
Hypericum fasciculatum Lam.	Peelbark St. Johnswort	Cathartic; Urinary Aid	Seminole	Not in Indian Terr per USDA and OK Vascular	East (except for LA)	Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 231, 275)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Sebastiania fruticosa (Bartr.) Fern.	Gulf Sebastiana (Gulf Sebastian-bush)	Laxative	Alabama	Not in Indian Terr per USDA and OK Vascular	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 665)	Swanton refer to this as <i>Sebastiania ligustrina</i> (Michx.)
Tsuga canadensis (L.) Carr. (T. Caroliniana)	Eastern Hemlock (Hemlock)	Antidiarrheal; Dermatological Aid; Gynecological Aid; Kidney Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 7, 17); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 38)	

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<p>Tsuga caroliniana Engelm.</p>	<p>Carolina Hemlock</p>	<p>Antidiarrheal; Dermatological Aid; Gynecological Aid; Kidney Aid</p>	<p>Cherokee</p>	<p>Not in Indian Terr per USDA and OK Vascular</p>	<p>East</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 59); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 5); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 38)</p>	
<p>Aralia nudicaulis L.</p>	<p>Wild Sarsaparilla</p>	<p>Blood Medicine</p>	<p>Cherokee</p>	<p>Not in Indian Terr per USDA and OK Vascular</p>	<p>East &amp; West</p>	<p>Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 91); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)</p>	

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Aralia nudicaulis L.	Wild Sarsaparilla	Urinary Aid	Creek	Not in Indian Terr per USDA and OK Vascular	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 658)	"medicine of the strong snake" Not listed By Moerman
Iris verna L.	Dwarf Violet Iris	Dermatological Aid; Liver Aid; Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Mooney "The Swimmer Manuscript" (p. 288); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41)	
Iris verna L.	Dwarf Violet Iris	Cathartic	Creek	Not in Indian Terr per USDA and OK Vascular	East	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 669,670)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Calycanthus floridus L.	Eastern Sweetshrub (sweet shrub, all spice, bubbly root, calycanthus, strawberry shrub)	Dermatological Aid; Emetic; Eye Medicine; Pediatric Aid; Poison; Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 51, 52); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58)	
Calycanthus floridus var. glaucus (Willd.) Torr. & Gray	Eastern Sweetshrub	Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Mooney "The Swimmer Manuscript" (p. 253); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 23)	Calycanthus Fertilis per Mooney

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Liparis loeselii (L.) L.C. Rich.	Yellow Widelip Orchid (twayblade per Hamel)	Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 23); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 59)	
Lysimachia quadrifolia L.	Whorled Yellow Loosestrife	Gastrointestinal Aid; Gynecological Aid; Kidney Aid; Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 102, 103); Mooney "The Swimmer Manuscript" (p. 254, 307); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 50); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 43)	

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Rhus typhina L.	Staghorn Sumac	Antiemetic; Burn Dressing; Gynecological Aid; Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 80); Mooney "The Swimmer Manuscript" (p. 251); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 57)	Mooney calls this Rhus Hirt
Spiranthes lucida (H.H. Eat.) Ames	Shining Ladiestresses (shining lady's tresses)	Pediatric Aid; Urinary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 23); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 42)	
Myrica sp. (Myrica L.)	Sweet Bay (sweetgale)	Emetic	Creek	Not in Indian Terr per USDA and OK Vascular	East & West (not along river, but north)	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI-BAE Annual Report #42:473-672 (p. 664)	Moerman's link to USDA site was incorrect

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Chelone glabra L.	White Turtlehead	Anthelmintic; Dermatological Aid; Dietary Aid; Febrifuge; Laxative	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 59)	
Comptonia peregrina (L.) Coul.	Sweet Fern	Anthelmintic	Cherokee	Not in Indian Terr per USDA and OK Vascular	East	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58)	
Rosa palustris Marsh.	Swamp Rose	Anthelmintic; Antidiarrheal	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)	
Rosa virginiana P. Mill.	Virginia Rose	Anthelmintic; Pediatric Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 65); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 29)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

<u>Rosa Palustris</u>	Wild Rose (swamp rose)	Antidiarrheal (dysentery)	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73- 75 (p. 74); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)	
	Wild Rose (swamp rose)	Gynecological Aid	Creek	Not in Indian Terr per USDA and OK Vascular	East & West	Swanton, John R 1928 Religious Beliefs and Medical Practices of the Creek Indians. SI- BAE Annual Report #42:473-672 (p. 660); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)	

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Pseudognaphalium macounii (Greene) Kartesz	Macoun's cudweed	Cold remedy; Misc. Disease Remedy (sweat baths)	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Mooney, "Sacred Formulas of the Cherokees, pg. 325	Called "Gnaphalium Decurrens" by Mooney
<i>Cystopteris fragilis</i> (L.) Bernh.	brittle bladderfern	Febrifuge	Cherokee	Not in Indian Terr per USDA	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 4); Mooney "The Swimmer Manuscript" (p. 228);	Not listed by Moerman or Hamel
<i>Dennstaedtia punctilobula</i> ((Michx.) T. Moore)	(eastern) hayscented fern	Febrifuge	Cherokee	Not in Indian Terr per USDA		Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 4); Mooney "The Swimmer Manuscript" (p. 228); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 33, 34)	

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<u>Zea mays L.</u>	Corn (maize)	Dermatological Aid; Kidney Aid; Pulmonary Aid	Cherokee	Not in Indian Terr per USDA and OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 8, 83, 122); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30)	
<u>Coix lacryma- jobi L.</u>	Job's Tears	Pediatric Aid; Toothache Remedy; Unspecified	Cherokee	Not in Indian Terr per USDA	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 9); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 41)	
<i>Orontium aquaticum L.</i>	goldenclub	poultice for sore muscles; Pediatric Aid; Strengthening; Misc. Disease Remedy (whooping cough, measles)	Cherokee	Not in Indian Terr per USDA		Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 11, 12); Mooney "The Swimmer Manuscript" (p. 76);	Not listed by Moerman or Hamel

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Tradescantia virginiana L.	Virginia Spiderwort	Analgesic; Antihemorrhagic; Cancer Treatment; Dermatological Aid; Gastrointestinal Aid; Gynecological Aid; Kidney Aid; Laxative	Cherokee	Not in Indian Terr per USDA		Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 12, 13); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 56, 57)	
Juncus effusus L.	Common Rush	Emetic; Oral Aid; Orthopedic Aid; Pediatric Aid; Strengtheners	Cherokee	Not in Indian Terr per USDA	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 13); Mooney "The Swimmer Manuscript" (p. 198); Taylor, Linda Averill 1940 "Plants Used As Curatives" (p. 7); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 53)	

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## Medicinal Plants Spread Sheet - "Not in Indian Country"

Yucca filamentosa L.	Adam's Needle	Ceremonial medicine; Dermatological Aid; Misc. Disease Remedy; Sedative	Cherokee	Not in Indian Terr per USDA	East & West	Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 25); Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 75)	
Trollius laxus Salisb.	American Globeflower	Oral aid	Cherokee	Not in Indian Terr per USDA	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 47); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 36)	

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Baptisia australis (L.) R. Br. ex Ait. f.	Blue Wild Indigo	Antiemetic; Cathartic; Emetic; Gynecological Aid; Toothache	Cherokee	Not in Indian Terr per USDA	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 68); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 40)	
Helianthemum canadense (L.) Michx.	Longbranch Frostweed (Frostweed per Hamel and Banks)	Kidney Aid	Cherokee	Not in Indian Terr per USDA	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 88, 89); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 35)	
Galax urceolata (Poir.) Brummitt (Galax Aphylla per Hamel and Banks)	Bettleweed (galax, colt's foot per Hamel)	Kidney Aid; Sedative	Cherokee	Not in Indian Terr per OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 102); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 35)	

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Phlox maculata L.	Wild Sweetwilliam (Sweet William)	Dietary Aid; Pediatric Aid	Cherokee	Not in Indian Terr per OK Vascular	East	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 106); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 58)	
Aureolaria flava (L.) Farw.	Smooth Yellow False Foxglove	Antidiarrheal; Other	Cherokee	Not in Indian Terr per OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 116); Mooney "The Swimmer Manuscript" (p. 193, 244); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 35)	
Hieracium venosum L.	Rattlesnake weed	Gastrointestinal Aid	Cherokee	Not in Indian Terr per OK Vascular	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 131); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 37)	

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Rudbeckia fulgida Ait.	Orange Coneflower	Anthelmintic; Dermatological Aid; Ear Medicine; Gynecological Aid; Kidney Aid; Snake Bite Remedy; Venereal Aid		Not in Indian Terr per USDA	East & West	Banks, William (1953). Ethnobotany of the Cherokee Indians, (pg. 131, 132); Hamel and Chiltoskey 1975 "Cherokee Plants and Their Uses", (p. 30)	
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